

Devotion From Shirle:



3R's of Communion

— Responsibility — Revelation — Regeneration—

- **Responsibility** — Choice is my Responsibility. If I give Him the gift of my will and trust in this one small act that lasts just a few moments, He will live up to His responsibility, the promise to continue and complete His work in me.

- **Revelation** — That's the whole point of those two simple elements of communion. They are physical reminders of the body of Christ in my own body. That little bit of bread or wafer on the tongue is meant to remind me He will nourish His life in me. That small sip of wine or juice is how I remember it's His life that lets me see my own need through His eyes.

- **Regeneration** — The purpose of these few conscious moments is that Grace is being served with these elements. This is not just a beautiful ritual but a very real connection to the power of Christ to remind me of these things: I've chosen to give Him my gift, He will reveal Himself to me, and in me, and these moments can nudge me one step closer to what He has promised I will be.